

Mind the Gaps

Reflective Tool for Determining your Idols¹²³⁴

Is there anything besides God, which is driving your life? Something that causes you to act in ways contrary to His commandments, or becomes a false motivation to keeping His commandments?

Is there anything besides God, which you believe you must have in order to be happy?

What do you long for? Finish this sentence; "If only . . ."

What things, if you lost them, would make you feel like you wouldn't want to live (i.e., money, family, career, health, beauty, relationships, human approval, control, power, influence)?

Is there anything that you are unwilling to sacrifice and give up to God?

Where do you find refuge, safety, comfort, escape, pleasure, and security?

What drives you and gives you your identity? What can you never get enough of?

What do you complain about? What makes you angry?

What do you fear? What do you worry about?

What do you feel entitled to?

Whose opinion of you counts? From whom do you desire approval and fear rejection?

What do you pray for?

What do you think about most often? What do you talk about?

How do you spend your spare time? How do you spend spare money?

In what area(s) do you habitually sin? What are you looking for that you are willing to disobey God in order to get?

Has someone or something other than Jesus taken title of your heart's trust, fear, affections, or delight?

Compiled from resources by:

¹ Dr. Timothy Keller, Redeemer Presbyterian, Sermon entitled "Christ our Life" September 18, 2005.

² Elyse Fitzpatrick, *Idols of the Heart: Learning to Long for God Alone*

³ David Powlison, "Idols of the Heart and Vanity Fair", *Journal of Biblical Counseling*, Winter 1995, www.CCEF.org

⁴ *Gospel Transformation*, by World Harvest Mission, New Growth Press, 2011.